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She graduated from Istanbul University (IU), Faculty of Medicine (ITF), Florence Nightingale School of Nursing in 1982. She started working at the psychoneurosis service of Psychiatry Department of IU/ITF in 1985, and in the same year, started her Master's degree at IU Institute of Health Sciences.

In 1988, she completed her Master's degree with the thesis titled "The Effects of Nursing Process on Recovery and Social Adaptation of Patients with Schizophrenia".

Between 1994-1998, she pursued her doctorate degree at IU Institute of Health Sciences and accomplished the thesis titled "A Review of Art Psychotherapy in Psychotic and Borderline Patient Groups" which brought her "Prof. Dr. Perihan Velioglu - Nursing Fund Science Award" in 2001.

For her personal psychotherapy experience, as required by the psychotherapy training, starting from 1989 she participated psychodrama training conducted by the Group Psychotherapies and Psychodrama Association in collaboration with Moreno Institute for 5 years, and starting from 1992 continued her individual psychotherapy for 6 years with a psychotherapist trained in dynamic psychotherapy.

In 1987, she started working as Assistant Head Nurse and training responsible at Psychiatry Department of IU, and during this period she developed and conducted trainings and programs (including environmental, ergotherapy, art therapy and group therapy in psychosis services) for clinical nurses with the aim of improving the participation of psychiatric nurses during psychosocial psychotherapies.

In 1990, she took part in the establishment of the Social Psychiatry Service in the same clinic and initiated psychosocial therapy practices with psychotic patients in a day clinic model. In 1994, she started working on patients with personality disorders at the Social Psychiatry Service through psychotherapy, and especially art psychotherapy. She also received training and supervision from many psychotherapists who are competent in the field of dynamic psychotherapy.

In 2004, at the Psychiatry Department of IU/ITF, she started a certificate program named "Art Psychotherapies Course in Psychiatric Disorders" regarding the use of art in psychotherapy for professionals. She has been the director and educator of the program since then.

In 2011, within the scope of the Social Psychiatry Service of Psychiatry Department of IU/ITF, she established “Art Psychotherapy and Rehabilitation Program (SPR)” unit aiming to provide services to all chronic patients in the clinic. She has put efforts into forming a team, continuum of training and supervision, patient selection and group formation as well as doing research on the effectiveness of psychotherapy and rehabilitation activities within the project. She is still in charge of the program.

As the founding member of the Association of Psychiatric Nurses, in May 2000 she served as the first general secretary and chairman of the board of directors for two terms.

She is the founding member and chairman of The Association of Art Psychotherapies founded in September 2012, and served as chairman of the board of directors for two terms.

She participated in many courses, working groups, seminars and conferences, and organized conferences, seminars, courses and training programs in the fields of psychotherapy, art, creativity, psychiatric nursing. She has been giving supervision in the fields of dynamic psychotherapy and art psychotherapy, and has national and international publications.

In 2015, she became Associate Professor. She is currently faculty member at Istanbul University, Faculty of Medicine, Department of Mental Health and Diseases, and is in charge of the Social Psychiatry Service.

### **Memberships in Scientific Associations**

Turkish Neuropsychiatric Society

Turkish Nurses Association

The Association of Çapa Nurses

The Association of Psychiatric Nurses - Founding Member, General Secretary, Board Member, Chairman

The Association of the Friends of Schizophrenia (Şizofreni Dostları Derneği)

The Association of Art Psychotherapies - Founding Member, Chairman

<https://profil.istanbul.edu.tr/tr/p/nurhaneren>